Three Golden Rules

Use strong passwords

Install security software

Download software updates

A strong password is your first defence against hackers & cyber Criminals

Security software such as antivirus helps protect your devices from viruses & hackers

Software updates contain vital security upgrades which help keep your device secure

The Government states that by following these rules, 80% of Cyber Crime will be prevented.

Useful Websites

https://HaveIBeenPwned.com/	Check if you have an account that has been compromised in a data breech by searching on your email address or username.
www.NoMoreRansom.org	Ransomware is malware that locks your computer and mobile devices or encrypts your electronic files. When this happens, you can't get to the data unless you pay a ransom. However this is not guaranteed and you should never pay! This website gives you advice on how to protect yourself from this threat.
www.ncsc.gov.uk	Helping to make the UK the safest place to live and do business online.
www.cyberaware.gov.uk	Find out about easy steps you can take to protect your home or business from cyber crime
www.getsafeonline.org	Lots of awareness & resource helping protect people, finances, devices and businesses from fraud, abuse and other issues encountered.

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www.net-aware.org.uk/	From Facebook and Instagram to Snapchat and Tumblr a simple no-nonsense guide for parents and guardians from NSPCC and O2 to the social media, apps and games that kids are playing on.
http://www.o2.co.uk/help/nspcc/helpline	Sometimes it's easier to talk about a problem. That's why o2 & the NSPCC have set up a helpline, to answer any questions you or your child might have about staying safe online
https://takefive-stopfraud.org.uk/	Take Five offers straight-forward and impartial advice to help everyone in the UK protect themselves against financial fraud.
https://frauddefencetest.com/	Quiz designed by City of London Police & Action Fraud to assess your knowledge of Fraud & Cyber Scams, gives hints on tips on how to improve your security awareness.
http://www.actionfraud.police.uk/	ActionFraud is the UK's national fraud and cyber crime reporting centre.
www.bt.com/callprotect or 0800 389 1572	BT Call Protect is a new call diverting service to prevent nuisance calls and is available for free to all existing and new BT home landline customers.

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